



November 2011

Broward Community Charter School West

4-12 TRADITIONAL



Preferred Meal Systems, Inc.

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Monday	Tuesday	Wednesday	Thursday	Friday
	1 POPCORN CHICKEN W/POTATO FUN SHAPES Mixed Fruit Cup Corn Muffin	2 CHARBROILED HAMBURGER Potato Rounds Fresh Apple^ Hamburger Bun Honey Wheat Pretzels	3 SPAGHETTI (WHOLE WHEAT) W/ MEAT SAUCE Cut Green Beans Fresh Banana^ Garlic Bread	4 CHEESE PIZZA DIPPERS Marinara Dipping Sauce Baby Carrots Pear Cup Goldfish Crackers
7 MINI CORN DOGS W/POTATO FUN SHAPES Apple-Cranberry Juice	8 WHOLE GRAIN CHILI & CHEESE QUESADILLA Buttered Corn Peach Cup	9 CRISPY CHICKEN TENDERS (WHOLE GRAIN) Cut Green Beans Fresh Apple^	10 CHEESE PIZZA DIPPERS Marinara Dipping Sauce Fresh Orange^ Pineapple Cup PopCorners	11 Veterans Day
14 BAKED CHICKEN NUGGETS (WHOLE GRAIN) W/POTATO ROUNDS Cherry Frozen Juice Bar Honey Wheat Pretzels	15 ROTINI BAKE W/MEATSAUCE Garden Green Peas NEW! Bonzi Blueberry Applesauce (All Natural) Garlic Bread	16 NEW! CHEESEBURGER LUNCH MUNCHIE Maple Baked Beans Fresh Pear Chocolate Chip Pumpkin Muffin	17 HOT DOG FRENCH FRIES Fresh Banana Hot Dog Bun	18 FRENCH BREAD CHEESE PIZZA Baby Carrots Pineapple Cup
21 CHICKEN DIPPERS (WHOLE GRAIN) W/TOMATO PARMESAN SAUCE Applesauce Cup Soft Breadstick	22 TURKEY W/ STUFFING & GRAVY PEAS & CARROTS Fruited Gelatin Thanksgiving Cookie	23 NO SCHOOL	24 Happy Thanksgiving	25
28 BAKED CHICKEN NUGGETS (WHOLE GRAIN) W/POTATO ROUNDS Grape Juice Corn Muffin	29 CREAMY MACARONI AND CHEESE Green Garden Peas Apple-Cranberry Juice Vanilla Cookie	30 HOT DOG FRENCH FRIES Fresh Pear^ Hot Dog Bun Cheddar Goldfish Crackers		

***ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF MILK.

***MENU SUBJECT TO CHANGE.



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