



December 2011

Broward Community Charter School West

4-12 TRADITIONAL



Preferred Meal Systems, Inc.
preferredmealsystems.com

Monday	Tuesday	Wednesday	Thursday	Friday
			ITALIAN CHICKEN PARMESAN (WHOLE GRAIN) Glazed Carrots Fresh Banana Hamburger Bun	CHEESE PISA PIZZA Baby Carrots Peach Cup Mini Pretzels
PATTY MELT SANDWICH ON WHOLE WHEAT BREAD Buttered Corn Grape Juice Lemon Cookie	POPCORN CHICKEN W/POTATO FUN SHAPES Mixed Fruit Cup Honey Wheat Pretzels	SPAGHETTI (WHOLE WHEAT) W/ MEAT SAUCE Green Garden Peas Fresh Pear^ Soft Breadstick	CHARBROILED HAMBURGER Potato Wedges Fresh Banana^ Hamburger Bun Goldfish Crackers	CHEESE PIZZA DIPPERS Marinara Dipping Sauce Baby Carrots Peach Cup
BAKED CHICKEN NUGGETS (WHOLE GRAIN) W/POTATO ROUNDS Blended Fruit Juice Carrot Muffin	CRISPY CHICKEN FILLET (WHOLE GRAIN) Buttered Corn NEW! Wacky Watermelon Applerageous (all natural) Hamburger Bun Fritos	HOT DOG FRENCH FRIES Fresh Banana Hot Dog Bun	- Feature - GRILLED CHICKEN MARINARA W/ WHOLE GRAIN PASTA FUN SHAPES Cut Green Beans Fresh Orange^ Holiday Cookie	FRENCH BREAD PEPPERONI PIZZA Baby Carrots Pineapple Cup Honey Wheat Pretzels
<h1>Holiday</h1>				
<h1>Break</h1>				

***ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF MILK.

***MENU SUBJECT TO CHANGE.



In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call toll free 866/632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through Federal Relay service at 800/877-8339; or 800/845-6136 (Spanish). USDA is an equal opportunity provider and employer.